

MP CAMPS

2026 CAMP TOUR
COMPOUND WRESTLING

NORTH HUNTERDON HS PRESENTS

SCRAMBLING & LEG ATTACK DEFENSE

ANNANDALE, NEW JERSEY
North Hunterdon High School

SEPTEMBER 19–20, 2026

$150
PER ATHLETE

Leg attack defense has become a system, not a reflex. The CMP Scramble system does not replace the defense you already have — it extends it, taking positions that look like uncontrolled rolling and organizing them into technique you can name, drill and score from.

- The high level scramble positions, named and categorized
- Closing the gap between your defense and modern scrambling
- Counters that turn a defensive scramble into points
- Live reps in the positions where most wrestlers panic

WHERE
North Hunterdon High School
1445 NJ-31, Annandale, NJ 08801

WHEN
9:00 AM – 2:00 PM both days
lunch 11:00–12:00

WHO
All ages and all skill levels

BRING
Pack lunches and drinks for the full day

THE CLINICIAN
Cliff Fretwell runs the CMP satellite camp tour out of Compound Wrestling in McDonough, Georgia — one system, taught in depth, in a condensed window.

REGISTER NOW

cmptrained.com/camps

Questions: Cliff Fretwell · cliff@cmpsportswear.com

SCAN TO REGISTER