MP WRESTLING

COMPOUND SPORTSWEAR
MCDONOUGH, GA 30253

UNLIMITED TRAINING · YEAR-ROUND

MIDDLE & HIGH SCHOOL

GRADES 6 – 12 BOYS & GIRLS · ALL EXPERIENCE LEVELS

$140	4	FREE
PER MONTH	PRACTICES A WEEK	FIRST PRACTICE

WHEN WE TRAIN

MON · WED · THU PRACTICE — **6:30 – 8:00 PM**

SUNDAY PRACTICE — **4:00 – 6:00 PM**

Folkstyle, freestyle and Greco — every training cycle, all year.

STARTING NOVEMBER 1

MON · WED · THU PRACTICE MOVES TO

7:00 – 8:30 PM

Sunday practice stays 4:00 – 6:00 PM.

WHERE

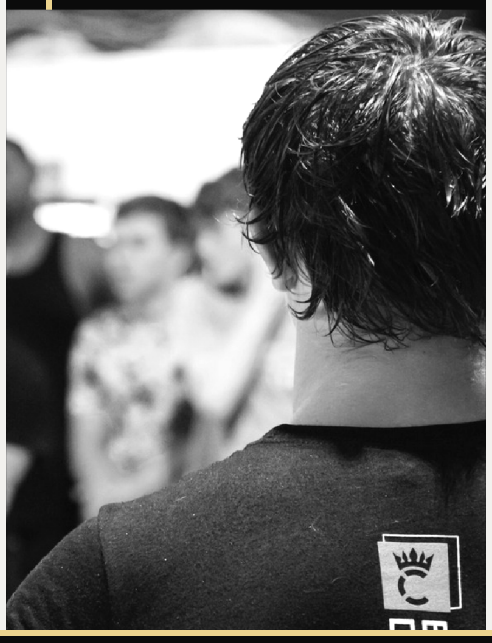
COMPOUND SPORTSWEAR
912 Dailey Mill Road
McDonough, GA 30253

ALSO TRAINING WITH US

Advanced Youth — ages 8 – 12, invitation only — trains in this room four nights a week. $75 / month.

WHAT TO EXPECT

- Technique
- Drilling
- Live wrestling
- Mental toughness
- Preparation



QUESTIONS? CALL THE CLUB

1-866-267-5955

CMPTRAINED.COM | SUPPORT@CMPTRAINED.COM

SCAN TO JOIN